



VI PEEL

PATIENT INFORMATION & AFTERCARE GUIDANCE

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VIPEEL INFORMATION

WHAT IS A VIPEEL AND HOW DOES IT WORK?

The ViPeel contains a synergistic blend of powerful ingredients, suitable for all skin types. This peel provides dramatic results with virtually no pain, no skin preparation, and little downtime.

WHAT CAN THE VIPEEL DO FOR ME?

- Improve the overall tone, texture and clarity of the skin
- Reduce or eliminate age spots, freckles, pigmentation and melasma
- Clear acne skin conditions
- Reduce or eliminate acne scars
- Stimulate the production of collagen for firmer, youthful-looking skin

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY WILL I NEED?

The ViPeel treatments are patient specific depending on the concern and the desired outcome. On average it has been found that 1 peel a month for 3 months is a sufficient amount of treatments to significant improvement. Depending on the specific concern, the number of sessions may be increased or decreased depending on the desired result.

WHAT RESULTS CAN I EXPECT?

It is important to understand that while results are long-lasting, it cannot be guaranteed that results are permanent. Factors such as ageing, damage to the skin or the development of a medical condition affecting the skin may impact the results achieved. Hormonal changes and pregnancy may also increase pigmentation.

PRE-TREATMENT INFORMATION:

Your skin must be cleansed of all make up prior to treatment. Sun exposure to the area of treatment is a contraindication and so should be avoided 4 weeks prior to treatment. Fake tan is also contraindicated and should not be applied to the intended treatment area for 2 weeks pre-treatment.

WHAT WILL I LOOK LIKE?

The ViPeel will be applied by one of our practitioners. You will experience a stinging sensation on application. The ViPeel will remain on the skin for 4 hours post application. All patients will be given a take home package with products and instructions on how to remove the peel after 4 hours as well as the aftercare for the first couple of days. Initially the skin will appear dark while the peel is on and until it is removed. The skin will be tight the first day post treatment and will then start to peel on the second or third day. This peeling process can last for several days. Recommended aftercare advice will be given after each treatment to help to achieve the best results possible and to minimise complications.

NEED MORE INFORMATION?

Please call **0207 034 5999** or email **info@phiclinic.com** if you would like further details about your treatment, or to schedule for an appointment.

VIPEEL AFTERCARE

YOU HAVE NOW HAD THE VIPEEL:

- The peel will remain on the skin for 4 hours and your skin will remain dark in colour initially after treatment
- You will have been provided a take home care package following treatment where you will find instructions inside for use. Please follow these instructions as recommended by your practitioner
- The skin will feel tight and dry for the first 24-72 hours
- The skin will start to peel around day 2-3 post treatment
- Do not peel or pick the skin, allow to fall off naturally
- You may notice that the skin is more red than usual for a couple of hours afterwards
- Do not use any other skin products except those advised by your practitioner
- Do not use Alpha Hydroxy Acids or BetaHydroxy Acids on your skin for 24 hours
- It is imperative that you use a sunscreen with an SPF of at least 30 and avoid direct sunlight for at least 1 month
- Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure, as they may be more sensitive following the peel
- Please avoid strenuous activity for 24 hours
- When washing your face do not scrub, use a gentle cleanser as recommended
- Apply a light moisturiser or IsClinical Sheald Recovery Balm as needed to relieve dryness and tightness
- Do not have any other facial treatment for at least two weeks after the peel

RARE SIDE EFFECTS INCLUDE:

- Crusting of the skin
- Swelling
- Reactivation of cold sores

Should any of the above occur please let your practitioner know.

MEDICATION ADMINISTRATION PRE OR DURING TREATMENT:

Apart from the peel itself, routinely no medications are administered during the treatment.

Need more information or guidance?

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