

TIXEL

PATIENT INFORMATION & AFTERCARE GUIDANCE

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TIXEL INFORMATION

WHAT IS TIXEL AND HOW DOES IT WORK?

TIXEL is a system that uses a small metal plate to deliver heat energy to the superficial layer of skin to thicken and tighten the tissues. TIXEL is used to rejuvenate the skin by increasing collagen production, smoothing the appearance of scars, fine lines and wrinkles as well as improving the thin crepey skin texture. TIXEL is particularly effective in treating the eye area as it can be used on upper and lower eye lids up the lash line. Following treatment an additional add on of growth factors can help to further stimulate collagen and elastin to enhance the results. The growth factors penetrate through to the deeper layers of the skin more easily through the micro channels created by the Tixel.

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY SESSIONS WILL I NEED?

TIXEL treatments are patient specific depending on the concern and the desired outcome. It is recommended that a minimum of 3 treatments are carried out, 1 month apart to give optimum results. Depending on the specific concern and desired result, the number of sessions may be increased or decreased.

WHAT RESULTS CAN I EXPECT?

The desired outcome will result in a tighter, smoother appearance to the skin. It is important to understand that while results are long-lasting, it cannot be guaranteed that results are permanent. Factors such as ageing, damage to the skin or the development of a medical condition affecting the skin may impact the results achieved. A maintenance treatment every 6-12 months is advised following a course.

PRE-TREATMENT INFORMATION:

Please remove all make-up including eye make-up prior to arriving at the clinic. You will have a sunburnt like appearance on the skin following treatment which will slowly reduce but can persist for up to 3 days. Sun exposure to the area of treatment is a contraindication and so should be avoided 4 weeks prior to treatment. Fake tan is also contraindicated and should not be applied to the intended treatment area for 2 weeks pre-treatment. Cold sores are a contraindication due to risk of spreading the virus and so treatment must be postponed until fully healed.

WHAT WILL I LOOK LIKE?

Initially the skin will remain red for up to an hour after treatment and may be hot to the touch. While there is no downtime the skin can remain red with minor swelling to the area 24-72 hours post treatment. Most normal daily activities may be resumed immediately post treatment however, the area will feel like a sunburn sensation. Make-up, preferably mineral based make up, can be applied 24 hours post treatment. Recommended aftercare advice will be given after each treatment to help to achieve the best results possible and to minimise complications.

HOW MUCH WILL IT COST?

As each patient and their concern differs, pricing of each treatment can only be established after a consultation to assess the size of the area and severity of the concern. Prices start from £600 per session for the face and £395 per session or the eyes. Package prices are often recommended when a concern will require multiple treatments.

TIXEL AFTERCARE

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications:

Following treatment you will experience the following side effects for 24-72 hours when they will slowly start to reduce:

- Skin will remain red or pink
- Swelling to the treated area
- Tenderness or discomfort
- Heat or a sunburn like sensation
- A tightness or dry sensation

On the day of treatment your practitioner will apply a healing cream and SPF30+ if in daylight hours. Following this it is advised to:

- Gently cleanse the skin that evening and apply a moisturising cream or ointment to encourage the healing process and reduce the itchy/dry sensation
- Apply moisturiser as much as you desired for the next 24-72 hours. A product such as IsClinical Sheald Recovery Balm is advised
- Avoid excessively touching the treated area until healed
- If the skin feels hot, cool packs can be applied but please ensure they are not directly from the freezer as this can damage the skin – please wrap in a clean towel and then apply to the skin
- Painkillers such as paracetamol can be taken if you wish to reduce any tenderness however please avoid aspirin or ibuprofen for the first 48 hours
- Avoid exposure to the sun during the course of your laser treatment for the following reasons: Laser exposure increases photosensitivity. Tanned skin can increase the chance of burning during treatment
- If you should go out in the sun, a minimum of SPF30 is recommended and should be applied regularly to the treatment area
- Avoid the use of perfumed or active skincare products such as retinol, glycolic acid etc in the treated area for one week post treatment
- Should you need to apply make-up after treatment, mineral based makeup is recommended although it is advised to leave the treated area free from make up for 24 hours post treatment
- In the unlikely event that your redness or swelling is increasing or you develop an area of broken skin as a result of treatment, contact the clinic to let your practitioner know

- Apply a healing product such aloe vera liberally to the area will aid healing of any areas of broken skin. Apply 3 times daily and avoid exposure to the sun
- If you have purchased a Growth Factor serum – apply morning and evening to the full face and treated area to enhance results further

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT:

Topical local anaesthetic cream will have been applied to the treatment area prior to treatment for your comfort.

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**, alternatively, you can email us at **info@phiclinic.com**