



SOPRANO TITANIUM

PATIENT INFORMATION & AFTERCARE GUIDANCE

LAST UPDATED: JUNE 2023

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SOPRANO TITANIUM LASER HAIR REMOVAL INFORMATION

WHAT IS THE SOPRANO TITANIUM AND WHAT IS IT USED FOR?

The Soprano Titanium Laser System is a breakthrough hair removal platform that combines unrivalled results with minimal discomfort. Thanks to its advanced cooling system, treatments are now much faster and pain free. Soprano Titanium uses the benefits of three combined laser wavelengths (Alexandrite, Nd:Yag and Diode laser), to give the safest and most efficient hair removal results available today.

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY WILL I NEED?

Soprano Titanium treatments for hair removal are patient specific depending on the hair type, colour and the desired outcome. On average it has been found that 6-9 sessions are needed to see a significant reduction. These sessions should be spaced 4-6 weeks apart. Depending on the area and hair type, the number of sessions may be increased or decreased depending on the desired result which will be advised to you during a consultation.

WHAT RESULTS CAN I EXPECT?

It is important to understand that while results are long-lasting, it cannot be guaranteed that results are permanent. Factors such as hormonal change, pregnancy, menopause and HRT as well as other medications can cause hair regrowth. Due to the different cell cycles we cannot guarantee that all hair follicles can be treated.

WHAT WILL I LOOK LIKE?

Initially the skin will remain pink and warm to touch for up to an hour after treatment. While there is no downtime the skin can remain slightly red with minor swelling to the area 24-72 hours post treatment. The majority of normal daily activities may be resumed immediately post treatment. Recommended aftercare advice will be given after each treatment to help to achieve the best results possible and to minimise complications.

PRE-TREATMENT INFORMATION:

Sun exposure is a contraindication and so should be avoided 4 weeks prior to treatment. Fake tan is also contraindicated and should not be applied to the intended treatment area for 2 weeks pre-treatment.

The use of retinol and other exfoliating products should be discontinued 3 days prior to treatment to avoid excessive irritation. Taking any anticoagulant medications can cause bruising to the treatment area and so delay the healing process. Please inform your clinician if you are taking any medications as some medication can make the skin more sensitive to light and may be a contraindication to treatment.

Please avoid waxing, plucking or bleaching the hair 2-4 weeks prior to treatment. Please shave the hairs to the area 2 days prior to treatment while leaving a small area of unshaven hair that your clinician can assess.

If you have not had laser treatment within the last 6 months, a new patch test is required before laser can commence.

HOW MUCH WILL IT COST?

As each patient and their concern is individual, unique pricing of each treatment can only be established after a consultation to assess the area, size and severity of the concern.

NEED MORE INFORMATION?

Please call **0207 034 5999** or email **info@phiclinic.com** if you would like further details about your treatment, or to schedule for an appointment.

SOPRANO TITANIUM LASER HAIR REMOVAL AFTERCARE

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications:

- It is advisable that patients avoid exposure to the sun during laser treatment for the following reasons: Laser exposure increases photosensitivity. Tanned skin can increase the chance of burning during treatment
- If you should go out in the sun, a minimum of SPF30 is recommended and should be applied regularly
- The use of perfumed skincare and products in the treated area should be avoided for 48 hours
- If you encounter minor inflammation or irritation in the treated area, Aloe Vera or Vaseline is recommended
- Should you need to apply makeup after treatment, mineral based makeup is recommended although it is advised to leave the treated area free from makeup for 24 hours post treatment
- In the unlikely event that you burn or blister as a result of treatment, please contact your practitioner immediately for advice

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT:

Routinely there are no medication administered prior or during this treatment.

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**. Alternatively, you can email us at **info@phiclinic.com**