



SKINVIVE

PATIENT INFORMATION & AFTERCARE GUIDANCE

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SKINVIVE® INFORMATION

WHAT IS SKINVIVE® AND WHAT IS IT USED FOR?

As the skin ages, the hyaluronic acid we once produced to provide a plump glowing appearance to the skin starts to diminish and our skin becomes dull and lacklustre. The function of hyaluronic acid is to bind and absorb water molecules in the skin to improve skin quality, hydration and elasticity.

At Phi Clinic we mainly use the JUVÉDERM® range from Allergan, world leaders of surgical and non-surgical aesthetic products. The SkinVive® product is a skin rejuvenating product made from hyaluronic acid, which naturally occurs in our bodies. SkinVive® is used to return luminosity, radiance, moisture and some volume to the skin to give a plump, youthful and rejuvenated appearance. Not only can it be used in the skin but also in the lips for the same effect, to return a plump youthful appearance without the volume or structure of traditional fillers.

HOW MANY SESSIONS WILL I NEED, AND HOW FAR APART CAN I HAVE THEM?

One session is needed with results noticed after 2-3 weeks and the product lasts around 6 months. The procedure takes around 30-45 minutes to complete.

AM I A SUITABLE CANDIDATE?

Volite® can be used on a wide range of patients, and is primarily used for skin rejuvenation and quality enhancement and lip hydration.

Good candidates for Volite include:

- You are looking to improve the overall quality and radiance of your skin
- You have crepey skin that needs plumping and hydrating
- You would like a hydrating treatment for dry or rough skin
- You have had dermal filler treatments to improve lost volume but would like address fine lines and the overall quality of your skin, improving your complexion
- You would like your lips to appear more plump and hydrated without the added volume or change of shape

WHAT AREAS CAN BE TREATED?

Full face, lips, neck, décolletage and hands can be treated to rejuvenate the appearance of the skin.

WHO WILL CARRY OUT THE TREATMENT?

The SkinVive® treatment will be carried out by one of our doctors or nurses here at Phi Clinic. All of which are highly experienced and trained by our medical director Dr Tapan Patel.

PRE-TREATMENT INFORMATION:

The treatment will be carried out in a sterile environment. Therefore all make up will be removed if this has not been done so before you arrive. Please avoid taking aspirin or ibuprofen on the days leading up to your treatment as this can increase the risk of bruising, unless advised otherwise by your GP. Excessive caffeine intake the day of treatment can also increase the risk of bruising. Bruising and swelling are normal and common side effects following any treatment involving needles. Please arrange treatments far in advance of events and social occasions to avoid unnecessary downtime. Please note that filler cannot be carried out within 3 weeks either side of receiving the COVID vaccination or having COVID. This is due to some rare reports of the filler swelling. Please also avoid having dermal filler 3-5 days before flying abroad.

IS THERE ANY DOWNTIME?

Patients should expect bruising and lumps for 3-4 days in the treated areas. This will reduce and can be covered with make up the following day.

HOW MUCH WILL IT COST?

Prices start from £450 per syringe. We recommend 2 syringes to treat the full face or 3 syringes for the full face and neck.

AFTERCARE INFORMATION

- Small bruises, lumps and bumps will be visible for 3-4 days following treatment
- Please avoid applying make up for the rest of the day. The skin can be cleansed that evening and moisturiser should be applied
- When applying moisturisers and creams you will be able to feel small lumps and bumps from the treatment. This is a common side effect and will resolve within a couple of days to a couple of weeks. To aid the integration of these lumps and bumps, use firm pressure when applying your moisturiser
- Hydration is very important for the outcome of this treatment please ensure that you drink plenty of water and keep the skin moisturised with a moisturiser or serum as recommended by your practitioner
- Results can be seen and felt 2-3 weeks following the treatment
- If you have any pain, skin discolouration eg. red/purple colour please contact your practitioner immediately

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT:

Topical local anaesthetic cream may have been applied to your skin prior to treatment. There is also a small amount of lidocaine in the product itself

For further information:

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**, alternatively, you can email us at **info@phiclinic.com**