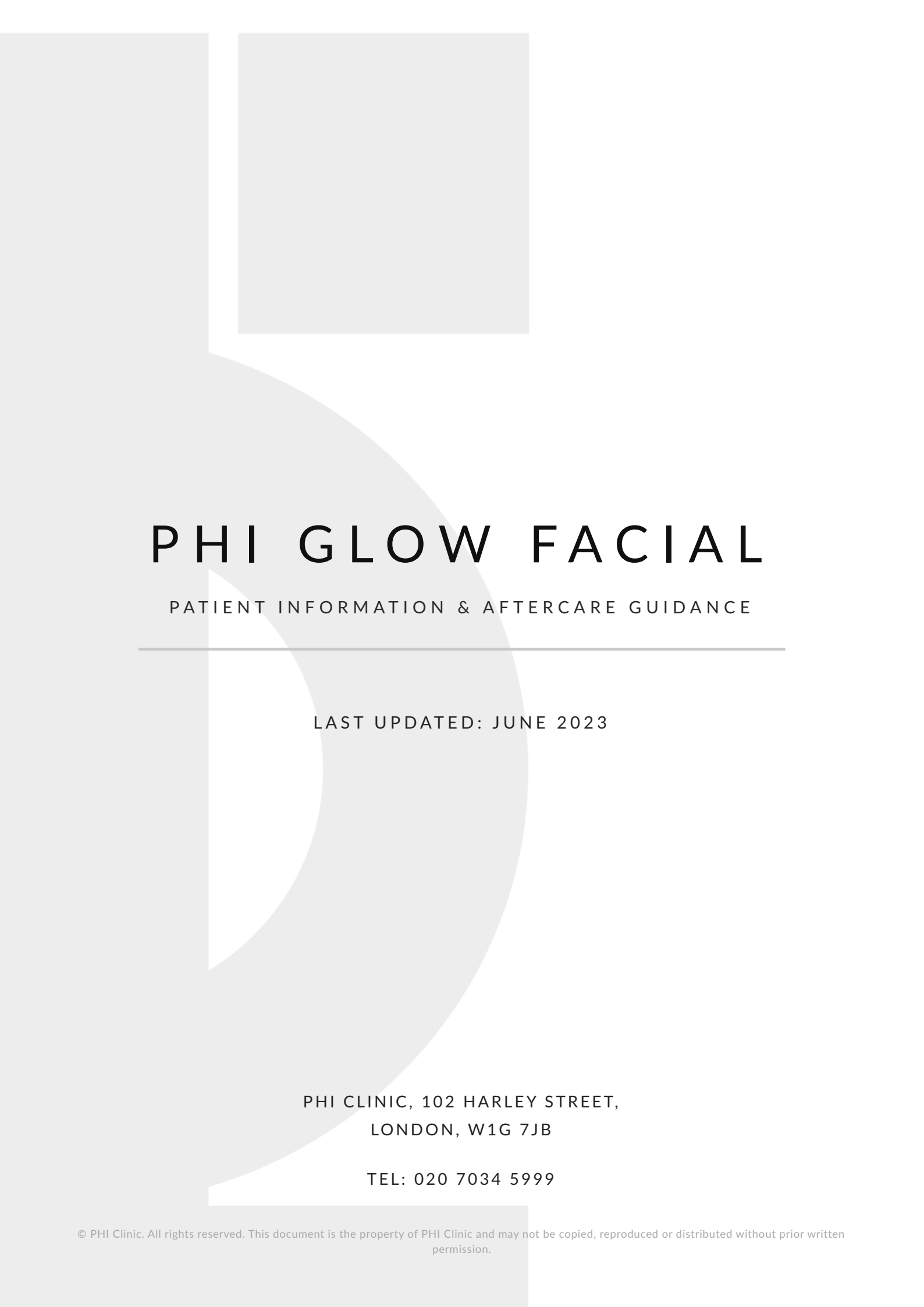




PHI GLOW FACIAL

PATIENT INFORMATION & AFTERCARE GUIDANCE

LAST UPDATED: JUNE 2023

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PHI GLOW FACIAL INFORMATION

WHAT IS THE PHI GLOW FACIAL AND WHAT IS IT USED FOR?

The Phi Glow Facial is a 'Glow on the go' facial giving you luminous, glowing skin with minimal downtime all in 60 minutes. The Phi Glow Facial uses a superficial chemical peel, followed by the Laser Genesis and finished with LED light.

The chemical peel will be tailored to your skin type and skin concern and will help to exfoliate dead skin cells and brighten the skin to reveal even skin tone and texture. The Genesis laser uses micro-pulses of laser to target micro-vessels to reduce redness as well as stimulate collagen remodelling, improving the appearance of mild wrinkles and early signs of skin aging. LED finishes the treatment which helps to calm the skin, reduce redness, promote healthier skin cells allowing them to function and regenerate faster which leads to younger, healthier and radiant skin.

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY WILL I NEED?

The Phi Glow Facial is the perfect pre-event treatment however each concern is patient specific depending on the concern and the desired outcome. This treatment can be carried out as desired prior to an event or monthly to keep the skin glowing.

Multiple treatments or a combination of the Phi Glow facial along with other treatments may be recommended for some concerns. These treatments should be spaced 2-4 weeks apart – your practitioner will advise you more on this. Depending on the specific concern, the number of sessions may be increased or decreased depending on the desired result.

WHAT RESULTS CAN I EXPECT?

It is important to understand that while results are long-lasting, they are not permanent and will require maintenance at home and in clinic. Factors such as ageing, damage to the skin or the development of a medical condition affecting the skin may impact the results achieved. We always advised regular maintenance treatments to keep results.

WHAT WILL I LOOK LIKE?

Initially the skin will remain slightly red for up a couple of hours after treatment and may be warm to the touch. While there is no downtime the skin can remain slightly red with some tingling to the skin for 24-48 hours post treatment. Recommended aftercare and skincare advice will be given after each treatment to help to achieve the best results possible and to minimise complications.

PRE-TREATMENT INFORMATION:

Sun exposure to the area of treatment is a contraindication to laser and so should be avoided 4 weeks prior to treatment. Fake tan is also contraindicated and should not be applied to the intended treatment area for 2 weeks pre-treatment. The use of retinol and other exfoliating products should be discontinued 3 days prior to treatment to avoid excessive irritation. Taking any anticoagulant medications can cause bruising to the treatment area and so delay the healing process. Please inform your clinician if you are taking any medications as some medication can make the skin more sensitive to light and may be a contraindication to treatment. Cold sores are a contraindication to treatment due to the risk of spreading the virus. If you have a cold sore and are scheduled for treatment please contact the clinic to postpone your treatment.

HOW MUCH WILL IT COST?

As each patient and their concern is individual and unique pricing of each treatment can only be established after a consultation to assess the area, size and severity of the concern however as standard, a facial treatment is £495 per treatment.

NEED MORE INFORMATION?

Please call **0207 034 5999** or email **info@phiclinic.com** if you would like further details about your treatment, or to schedule for an appointment.

PHI GLOW FACIAL AFTERCARE INFORMATION

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications:

- It is advisable that patients avoid exposure to the sun 4 weeks before and after laser treatment for the following reasons: Laser exposure increases photosensitivity which could result in burning. Tanned skin can increase the chance of burning during treatment
- If you are exposed to the sun, regardless of the temperature, a minimum of SPF 30 is recommended and should be applied regularly
- If you encounter minor inflammation or irritation in the treated area, this is normal and we advised the use of a healing balm such as ISClinical Sheald Recovery Balm
- Should you need to apply makeup after treatment, mineral based makeup is recommended although it is advised to leave the treated area free from make up for 24 hours post treatment
- In the unlikely event that you burn or blister as a result of treatment, please make your practitioner aware. Keep the area cool and apply the recovery balm as recommended

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT:

Routinely you will not have been administered any medication pre or during this treatment.

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**, alternatively, you can email us at **info@phiclinic.com**