

P B S E R U M

PATIENT INFORMATION & AFTERCARE GUIDANCE

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PB SERUM TREATMENT INFORMATION

WHAT ARE PB SERUM AND WHAT IS IT USED FOR?

PB Serum enzymes are a line of recombinant enzymatic products used in aesthetic medicine, dermatology and regenerative treatments. These enzymes - collagenase, lipase and lyase - are designed to target specific skin and tissue concerns such as fibrosis, cellulite, scars and fat deposits. Unlike traditional enzymatic treatments, PB Serum enzymes are non-animal derived, ensuring high purity and biocompatibility. They are often used in mesotherapy and minimally invasive procedures to improve skin texture, reduce inflammation and enhance tissue remodelling. Their effectiveness lies in their ability to break down extracellular matrix components, promoting natural healing and regeneration.

Some of the specific enzymes found in PB Serum are:

Collagenase – this enzyme eliminates adipose nodules in cellulite and stimulates the production of new elastin and collagen. It regenerates collagen fibres in the dermis, improves the appearance and texture of the skin and makes the skin tight with its potent firming effect.

Lipases – these enzymes help with the elimination of fat through metabolic processes. They are responsible for activating lipid metabolism inside the adipocyte and for reducing excess and localized fat. They don't damage the tissue, they remove excess sebum at the top layer of the skin and make it clean. They improve the skin's texture and make the absorption of important ingredients easier.

Hyaluronidase – this enzyme has a draining effect. It breaks the polysaccharides which accumulate excess fluids. It stimulates lymphatic drainage and decreases swelling. It stimulates microcirculation and improves skin appearance which contributes to achieving slimmer contours. It is also used for corrections of complications after HA fillers.

Keratinase – This enzyme is the base of Smart Peeling, it improves the skin exactly where it is necessary. It stimulates cell renewal and effectively exfoliates the skin. It is gentle and doesn't cause any irritations. It improves the skin's permeability and absorption of other important ingredients.

Lyase – This enzyme has a draining effect. It eliminates the molecules which retain toxins and liquids which greatly reduces the volume of the body and improves the skin's appearance. It also helps with the permeability of lipase and collagenase enzymes.

HOW MANY SESSIONS WILL I NEED, AND HOW FAR APART CAN I HAVE THEM?

The number of PB Serum enzyme treatments you'll need depends on your specific concern, the severity of the condition and how you respond to treatment. Generally, 3-6 sessions at 2 to 3 weeks apart.

Your practitioner will assess your progress and adjust the treatment plan accordingly. Individual results vary, so follow-up sessions may be needed for optimal outcomes.

AM I A SUITABLE CANDIDATE?

PB Serum can be used on a wide range of patients. You may be a suitable candidate for PB Serum enzyme treatments if you have fibrosis, cellulite & localised fat deposits or scars. PB Serum is a great non-surgical treatment option

PRE-TREATMENT INFORMATION:

The treatment will be carried out in a sterile environment. Therefore all make up will be removed if this has not been done so before you arrive. Prior to proceeding with PB Serum enzyme treatment, ensure you disclose any medical conditions, allergies, or medications to your practitioner. Avoid blood thinners, alcohol and caffeine for 24–48 hours before your session to minimize bruising. Stay well-hydrated and keep the treatment area clean, free of lotions or makeup. Avoid sun exposure for at least a week prior and wear loose clothing for comfort. If recommended, a topical numbing cream may be applied. Following these steps helps optimize results and reduce potential side effects. Always adhere to your provider's specific pre-treatment instructions.

WHO WILL CARRY OUT MY TREATMENT?

Filler treatments will be carried out by one of our doctors or nurses here at Phi Clinic. All of which are highly experienced and trained by our medical director Dr Tapan Patel.

HOW MUCH WILL IT COST?

Prices start from £500. Please note that multiple syringe plans may have been made by your practitioner.

PB SERUM TREATMENT AFTERCARE INFORMATION

You have now had a PB Serum treatment.

- Once the local anaesthetic wears off you may experience tenderness in the treated area.
- Following any injections bruising can occur. Depending on the area treated, pinpointing to extensive bruising may be noted. The area can be covered with makeup from the following day.
- Strenuous exercise, saunas, spas and alcohol should be avoided for 24-48 hours post treatment to minimise the bruising risk. Please note some bruises can be improved from laser treatment. If you have a significant bruise, please contact the clinic by sending a photo of your bruising to see if laser is an option to speed up the healing process.
- Avoid touching or massaging the area unless instructed by your practitioner

Results typically develop over weeks, with improvements continuing after multiple sessions. Contact your practitioner if you experience unusual reactions.

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT:

Routinely you will not have been administered any medication pre or during this treatment however this is a small amount of lidocaine in the product

For further information:

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**, alternatively, you can email us at **info@phiclinic.com**