OBAGI MEDICAL

Nu-Derm® Moderately Aggressive Protocol

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Cleanser	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Toner	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Professional-C	X		X		X		X		X		X		X	
ELASTIderm Eye	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Clear / Clear Fx 0.5g	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Exfoderm / Exfoderm Forte 0.5g	X		X		X		X		X		X		X	
Blender / Blend Fx 0.5g + **Tretinoin 1g**		X		X		X		X		X		X		X
Hydrator	X		X		X		X		X		X		X	
Sun Protection	X		X		X		X		X		X		X	