Nu-Derm® Maintenance Protocol

Mild to Moderate Photodamage

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Cleanser	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Toner	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Professional-C	X		X		X		X		X		X		X	
ELASTIderm Eye	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Clear / Clear Fx 0.5g	X		X		X		X		X		X		X	
Exfoderm / Exfoderm Forte 0.5g					X						X			
Blender / Blend Fx + Tretinoin / Retinol		X						X						
Hydrator	X		X		X		X		X		X		X	
Sun Protection	X		X		X		X		X		X		X	