

Obagi-C® System Protocol

		AM	PM
Cleansing Gel	Apply to damp skin and rinse with lukewarm water	X	X
Toner	Apply with a cotton pad or gauze, sweeping across the skin, do not rinse off	X	X
Clarifying Serum 4-6 drops	Apply evenly to your face and massage gently into skin, avoiding eye area (Rx only)	X	
Exfoliating Day Lotion	Apply evenly to your face, avoiding eye area	X	
Sun Shield Matte SPF50	Apply liberally to entire face, repeat after 2 hours if in the sun	X	
Therapy Night Cream 0.5g	Apply evenly to your face, avoiding eye area (Rx only)		X
Tretinoin 0.5g	Additional product*: to be applied evenly to your face, avoiding eye area. To be combined with therapy night cream. Frequency to be determined by practitioner.		X

WHAT TO EXPECT

Most users report seeing some effects within the first month. They are on their way to brighter, more even-toned, luminous skin. There may be some initial reactions to the product. The System is a prescription-strength Vitamin C System that can cause some temporary irritation. It also has a sunscreen and alpha hydroxy acids that may cause temporary break outs. These side effects usually resolve after a couple of weeks. If there are any persistent side effects, use of the product should be discontinued for a couple of days and then resumed. As always, we recommend that you work with your skin care professional to achieve optimal results.

*Obagi-C® Rx System can be used in conjunction with a Retinol / Tretinoin at the discretion of your skin care professional.