

CLENZIderm M.D.™ System Protocol

		AM	PM
Daily Care Foaming Cleanser	Dispense a 10 pence piece size of cleanser and massage over the face using warm water	X	Optional
Pore Therapy	After cleansing, place a cotton ball/ pad over the pump well and pump 2 to 3 times to saturate, then cover the entire affected area with a thin layer* Allow product to dry - do not rinse off	X	Optional
Therapeutic Lotion	Apply product over the entire affected area as a thin layer		X
Hydrate	Apply 1-2 pumps as and when required	X	Optional
Sun Shield Matte SPF50 or Sun Shield Tint SPF50	Apply liberally to entire face, repeat after 2 hours if in the sun	X	Optional
Tret 0.05% Gel or Tret 0.05%/0.1% Cream 0.5g	Frequency to be determined by practitioner.* Not to be used at the same time as Benzoyl Peroxide		X

WHAT TO EXPECT

*If there are any persistent side effects the products should be discontinued.

This system is used for mild to moderate treatment of acne vulgaris.

The products in the System can be drying so it is advised to start off with once a day usage and if tolerant increase to twice daily.

If skin becomes excessively dry please reduce the number of times daily application of the products.

Please see your skin care professional if you have any concerns.