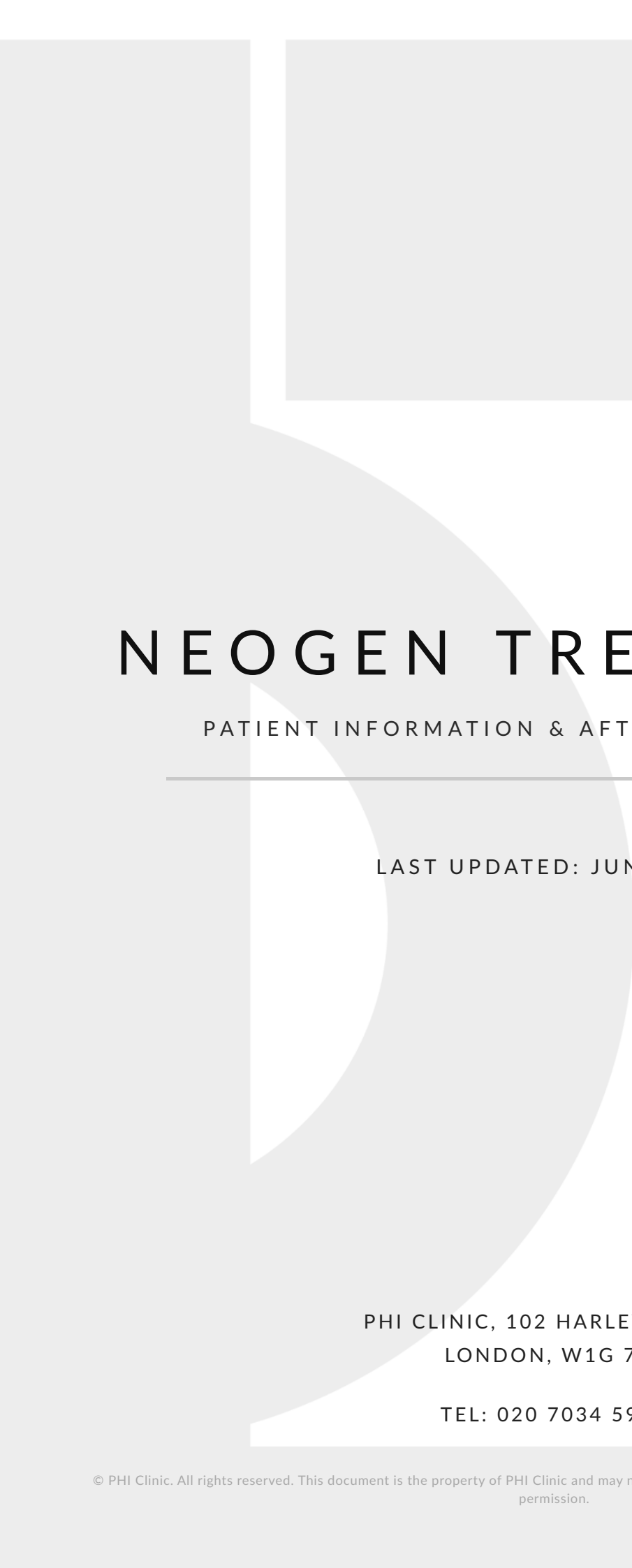




NEOGEN TREATMENT

PATIENT INFORMATION & AFTERCARE GUIDANCE

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NEOGEN TREATMENT INFORMATION

WHAT IS THE NEOGEN TREATMENT AND HOW DOES IT WORK?

The NeoGen EVO treatment uses plasma energy technology to deliver controlled thermal stimulation to the skin and underlying tissues. It is used for non-surgical skin regeneration, targeting concerns such as wrinkles, laxity, uneven tone, and sun damage. The treatment works by converting nitrogen gas into plasma, which safely heats the tissue to promote a natural healing response. This stimulates collagen and elastin production while preserving the skin's outer layer as a natural barrier during recovery. NeoGen EVO is ideal for patients seeking significant improvements in skin quality with minimal downtime and long-lasting result.

WHO IS SUITABLE FOR THE NEOGEN TREATMENT?

The NeoGen treatment is suitable for a wide range of individuals looking to improve the appearance and health of their skin without surgery or injections. Ideal candidates include those who:

- Have signs of aging, such as fine lines, wrinkles, or skin laxity
- Want to improve skin texture and tone
- Have sun damage or hyperpigmentation
- Are experiencing mild to moderate acne scarring
- Prefer non-invasive treatments with minimal downtime
- Are looking for full-face or body rejuvenation without needles or cutting
- Want long-term collagen stimulation for firmer, more youthful skin

NeoGen is safe for all skin types and can be used on the face, neck, chest, hands, and other areas of concern

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY SESSIONS WILL I NEED?

Most patients see improvement after just one treatment, especially with higher-energy settings. For more gradual results or milder concerns, a series of 2 to 3 treatments spaced 4 to 6 weeks may be recommended. Your practitioner will tailor a treatment plan to suit you and will advise how many treatments may be required.

WHAT RESULTS CAN I EXPECT?

After NeoGen treatment, you can expect smoother, firmer and more even-toned skin. Fine lines and wrinkles become less noticeable, skin texture improves and areas of sun damage or pigmentation may lighten. You may also see a reduction in skin laxity and a natural, youthful glow.

Results can appear gradually over several weeks as your body produces new collagen and regenerates healthy tissue. Improvements continue for up to 6 to 12 months, with long-lasting effects after just one treatment, especially at higher energy levels

WHAT WILL I LOOK LIKE AFTER TREATMENT?

Immediately after a NeoGen treatment, your skin may appear pink or slightly red, similar to a mild sunburn. You might also experience some tightness, warmth, or mild swelling, depending on the treatment intensity. These effects are typically short-lived and settle within a few hours to a few days.

With higher-energy treatments, you may notice light flaking or bronzing of the skin as it naturally exfoliates over the following days. Most patients can return to normal activities quickly, and makeup can usually be worn after 24 to 48 hours, if needed. Your clinician will give you specific aftercare instructions based on your treatment level.

PRE- TREATMENT INFORMATION:

To ensure the best results and minimize any risks, please follow these guidelines before your NeoGen treatment:

- Avoid sun exposure and tanning (including self-tanners) for at least 2 weeks prior to treatment. Use sunscreen daily.
- Stop using retinoids, glycolic acids, and other active skincare products (like exfoliants or peels) 3–5 days before your appointment.
- Do not schedule other skin treatments (e.g., waxing, chemical peels, or lasers) on the treatment area for at least 1 week prior.
- Let your provider know if you have a history of cold sores—you may be prescribed antiviral medication to prevent a breakout.
- Arrive with clean skin—no makeup, lotions, or oils on the treatment area.
- Inform your practitioner of any changes to medical conditions, recent treatments, or medications, especially blood thinners, as these may affect your procedure.

Your practitioner will review everything with you during your consultation and answer any questions before your session.

HOW MUCH WILL IT COST?

As each patient and their concern differs, your practitioner will advise which level of the NeoGen is best suited for you and pricing of each treatment can only be established after a consultation to assess the area and severity of the concern.

Often courses are recommended for the best outcome. Course prices will vary depending on the concern and courses are paid for upfront on the day of your first treatment.

POST - TREATMENT INFORMATION:

After your NeoGen treatment, follow these guidelines to support healing and achieve the best results:

- Expect mild redness, warmth, or tightness in the treated area, similar to a mild sunburn. These effects typically resolve within a few hours to a few days.
- Avoid sun exposure and use a broad-spectrum SPF 30+ sunscreen daily to protect the healing skin.
- Do not pick, scrub, or exfoliate the area while the skin is healing. Light flaking or bronzing may occur—this is normal.
- Use gentle, hydrating skincare products as recommended by your provider. Avoid retinoids, acids, or active ingredients until your skin fully recovers (typically 5–7 days).
- Avoid hot showers, saunas, or vigorous exercise for 24–48 hours post-treatment.
- Makeup can usually be worn after 24 to 48 hours, or as advised by your practitioner.

Healing time and care instructions may vary based on the energy level used.

NEED MORE INFORMATION OR GUIDANCE?

Please call 0207 034 5999 or email info@phiclinic.com if you would like further details about your treatment, or to schedule in your appointment.