

MESOGOLD

PATIENT INFORMATION & AFTERCARE GUIDANCE

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MESOGOLD INFORMATION

WHAT IS THE MESOGOLD AND WHAT IS IT USED FOR?

Mesogold is medical mesotherapy that uses a micro-injection device to treat a variety of skin conditions, such as dehydration, enlarged pores, and pigmentation. The treatment allows active ingredients to be delivered into the skin where they can be most effective rather than on top of the skin where they have to work to penetrate into the skin.

Mesogold treatment delivers customised solutions tailored to your specific skin needs at the most efficacious depth to reach the dermis- including; vitamins, peptides, enzymes, plant extracts, micro quantities of botulinum toxin and hyaluronic acid fillers – which is then applied gently to the surface of the skin. The use of micro hyaluronic acid can help smooth and tighten skin texture by increasing hydration, improving fine lines and superficial scars, and micro amounts of toxin help to shrink enlarged pores, reduce sebum production in oily skin and give the skin a tight sensation. While a combination of vitamins and growth factors can address a variety of skin concerns including; brightening and whitening, hydrating and tightening.

HOW OFTEN SHOULD I HAVE TREATMENT AND HOW MANY WILL I NEED?

Treatments can be carried out every 4-6 weeks. The number of treatments will be based on your indication and advised by your clinician. Generally we recommend a minimum of 3 treatments in combination with the Diamond Glow Facial to see a significant result.

PRE-TREATMENT INFORMATION:

Please remove any make up before arrival to the clinic. All make up will be removed to the area prior to treatment. Please avoid taking aspirin and ibuprofen and using exfoliating skincare (retinol, AHA's etc) to the treatment area 2-3 days prior to treatment as this can increase the risk of bruising and prolong redness and irritation. Please avoid caffeine intake the day of treatment as this will also reduce the risk of bruising. Cold sores to the face are contraindicated therefore should you have one please call to rearrange your appointment.

HOW COMFORTABLE IS THE TREATMENT?

The Mesogold treatment is a very tolerable treatment.

WHAT RESULTS CAN I EXPECT?

Results vary from each individual and can be seen from 1 week post treatment. You can expect to see an improvement in the texture and tone of the skin. The skin may start to appear smoother and more firm as well as having a more even and uniform skin colour. The skin can also become plumper due to the increased thickness of the dermis due to the needle stimulation.

HOW LONG IS THE DOWNTIME?

There is almost no downtime after Mesogold treatment. The skin may be slightly red or flushed post treatment but this will resolve in a one to two hours. You can return to your daily activities immediately after this.

NEED MORE INFORMATION?

Please call **0207 034 5999** or email **info@phiclinic.com** if you would like further details about your treatment or to schedule for an appointment.

MESOGOLD PATIENT AFTERCARE

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications:

- Avoid exposure to heat such as baths saunas, steam rooms and exercise for up to 48 hours
- Avoid sun exposure, where possible for up two weeks. If unable to do so ensure the application of a broad spectrum SPF 30+ to the area
- Avoid the use of exfoliating products including Alpha Hydroxy Acid for at least 1 week
- Avoid touching or irritating the treated area
- After Care Products and Regimen: Do not wash your face for the first 6 hours. Once this time has past, wash the skin gently with a gentle cleanser and you may apply your regular moisturizer thereafter. You may resume your daily skin regimen the next day
- It is recommended that makeup should not be applied for 6 hours after the procedure

COMMON SIDE-EFFECTS OF TREATMENT INCLUDE:

- A sunburn effect is normal, where the area may appear pink in colour but will resolve in 1-2 hours
- This skin may feel tight, dry, swollen and sensitive to touch

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT

Some Mesogold solutions may contain micro doses of botulinum toxin type A. Your practitioner will have informed you if this is being used. The purpose of which is to improve skin texture and pore appearance however its use in the manner is off licence.

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**, alternatively, you can email us at **info@phiclinic.com**