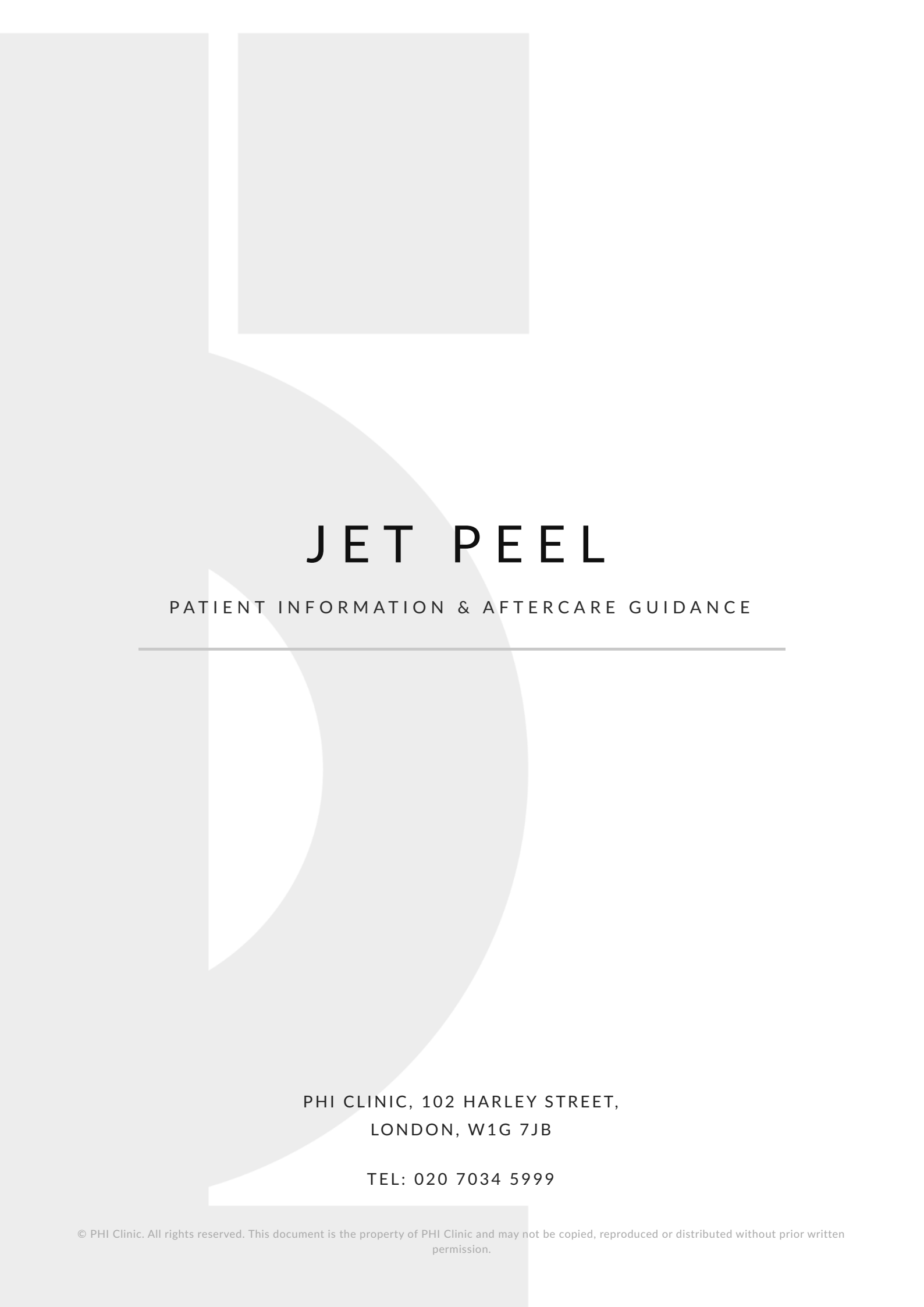




JET PEEL

PATIENT INFORMATION & AFTERCARE GUIDANCE

PHI CLINIC, 102 HARLEY STREET,
LONDON, W1G 7JB

TEL: 020 7034 5999

JET PEEL INFORMATION

WHAT IS THE JET PEEL AND HOW DOES IT WORK?

The Jet Peel is a non-invasive skin rejuvenation treatment that uses a high-pressure jet of oxygen and liquid to exfoliate, hydrate and infuse the skin with nutrients. It gently removes dead skin cells, unclogs pores and delivers serums deep into the skin without needles, improving hydration, elasticity and overall radiance. Safe for all skin types, it helps reduce fine lines, wrinkles, and acne while boosting circulation for a refreshed, youthful glow.

WHAT SPECIFIC SERUMS WILL BE USED?

Based on the consultation we will choose the most appropriate condition specific serum for you. There are a number of serums which can focus on a variety of concerns e.g. hydration, soothing, congestion and more.

PRE-TREATMENT INFORMATION:

It is advised to avoid using exfoliating skincare to the treatment area 2-3 days prior to treatment as this can increase and prolong redness and irritation.

Cold sores to the face are contraindicated therefore should you have one please call to rearrange your appointment.

HOW COMFORTABLE IS THE TREATMENT?

The Jet Peel treatment is generally very comfortable and pain-free. It feels like a cool, gentle stream of air and mist on the skin, similar to a light facial massage. Since there are no needles, abrasives, or direct skin contact, there's no discomfort - just a refreshing sensation

HOW LONG IS THE DOWNTIME?

There is almost no downtime after the Jet Peel facial treatment. The skin may be slightly red or flushed post treatment but this will resolve in a one to two hours. You can return to your daily activities immediately after this.

HOW MANY TREATMENTS WILL I NEED?

Each individual concern will depend on the number of treatments needed. For concerns such as pigmentation and acne/congestion we recommend a course of 4 treatments at monthly intervals. For general skin maintenance we recommend a treatment every 4-6 weeks.

HOW LONG BEFORE I SEE RESULTS?

Many patients see immediate results after just one Jet Peel session, with your skin looking more hydrated, radiant and refreshed right away. Deeper improvements, such as reduced fine lines, smoother texture, and clearer skin, typically develop over a series of treatments. For long-lasting benefits, regular sessions are recommended.

COMBINATION TREATMENT:

As the Jet Peel is the ultimate deep cleaning facial it is great to combine with a number of other different treatments we offer in clinic such as microneedling using our SkinPen device, Radiofrequency and laser genesis. Please feel free to ask your practitioner for more details to get the best out of the Jet Peel treatment.

AFTERCARE

After your Jet Peel Facial treatment, please refrain from using exfoliating products and other acids for 1-3 days depending on your skin sensitivity.

Please make sure to use spf30+ daily. This will insure the best result possible.

We recommend not waxing the treated area for 5 days after your treatment date.

Some patients may be slightly red or pink for a few days.

Breakouts post treatment, known as purging, are common especially in oily/congested skin.

MEDICATION ADMINISTERED PRE OF DURING TREATMENT:

Routinely there are no medications administered pre or during his treatment however this treatment can often be combined with other treatments that may require topical local anaesthetic cream.

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**, alternatively, you can email us at **info@phiclinic.com**