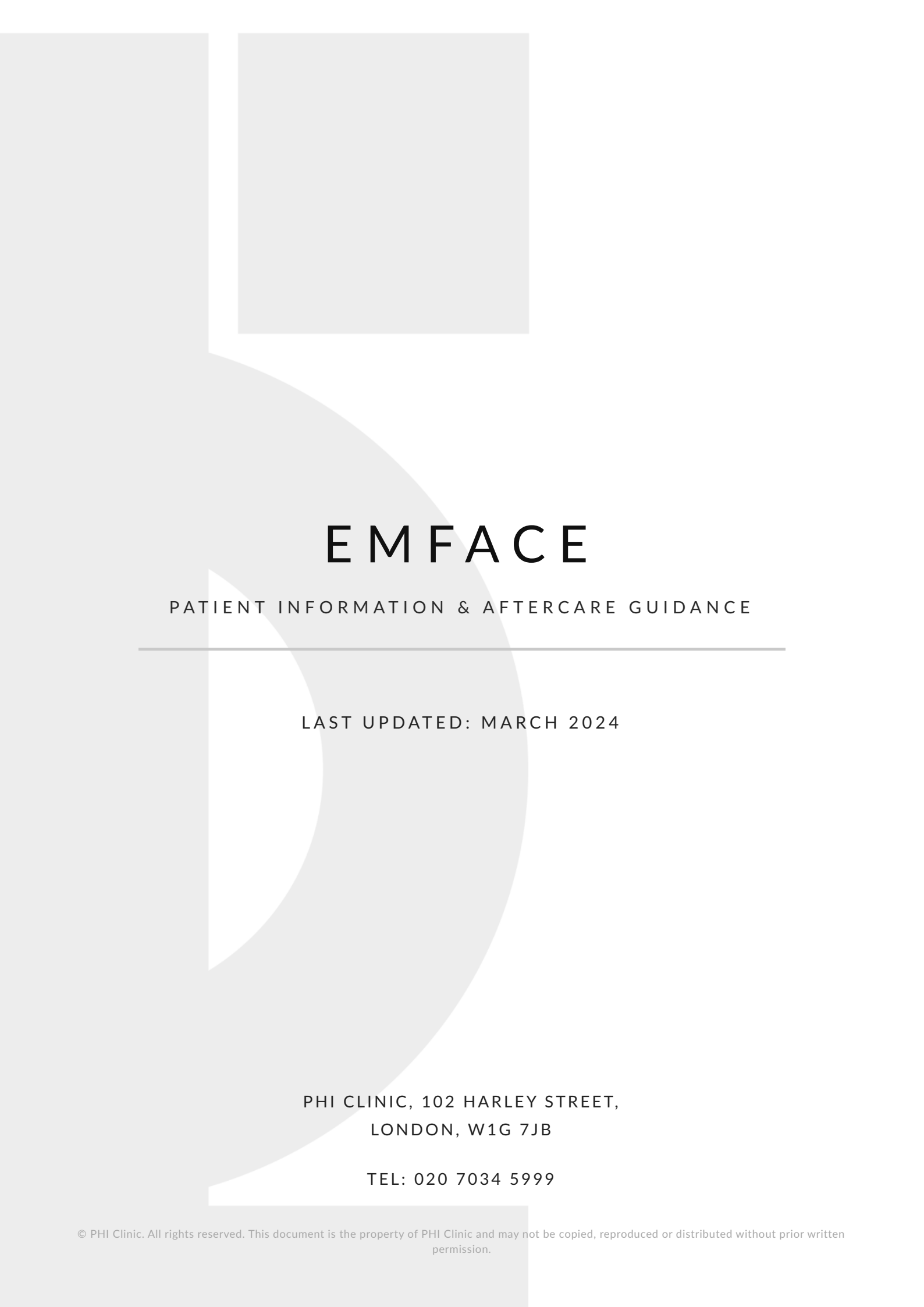




EMFACE

PATIENT INFORMATION & AFTERCARE GUIDANCE

LAST UPDATED: MARCH 2024

PHI CLINIC, 102 HARLEY STREET,
LONDON, W1G 7JB

TEL: 020 7034 5999

EMFACE INFORMATION

WHAT IS EMFACE AND HOW DOES IT WORK?

EmFace is the only needle free procedure that treats facial skin and muscles. It is a non-invasive procedure using radio frequency (RF) and High Intensity Focused Electrical Stimulation (HIFES) to effect facial skin, muscle and connective tissue to reduce wrinkles and give lifting effect to the cheeks and forehead. Additionally, using the same technology, it can be used to reduce the appearance of a double chin by muscle toning, reduction of skin laxity and overall volume decrease.

HOW DOES EMFACE WORK?

EmFace to the forehead and cheeks focuses on the upward pulling muscles of the face with HIFES technology to encourage them and the surrounding connective tissue to restore to their youthful tone and density by elevating the facial tissues and giving up to 23% more lift after a course of treatment. The RF aspect works to remodel and smooth to skin surface by heating the dermis and increasing collagen and elastin fibres resulting in up 37% less wrinkles after a course of treatment.

Specifically for the submentum (under chin) region, Emface targets every layer from the muscle to the skin using HIFES technology and RF+ (+ means higher temperatures can be used to induce fat apoptosis). As a result, there is remodelling of collagen and elastin as well as skin texture improvement and volume reduction.

EmFace technology has undergone rigorous clinical trials and testing to ensure its efficacy and safety in a quick and comfortable 20 minute treatment.

WHO IS A GOOD CANDIDATE FOR EMFACE?

Emface is suitable for anyone looking to improve skin quality, reduce a double chin or 'turkey neck' and add lift to the cheeks and forehead. Emface can also be preventative for anyone not seeing advanced signs of the aging process just yet. Emface is recommended as part of a combination treatment plan with injectable and other energy devices such as Ultraformer and Secret RF. Ask your practitioner for a more detailed treatment plan for your concerns.

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY WILL I NEED?

EmFace treatments are patient specific depending on the concern and the desired outcome. On average it has been found that 4 sessions are needed to see significant improvement. These sessions are required to be spaced at 1 week intervals for optimal results. The Emface can be combined with other

treatments such as the Silkpeel and PhiGlow Facials as well as the Body Balancer for your ultimate full body treatment. Ask your practitioner for details on combination packages.

WHAT RESULTS CAN I EXPECT?

It is important to understand that while results are long-lasting, they are not permanent. Although EmFace has significant lifting ability it does not replace a face lift and it is advised to be carried out in combination with other devices and injectable treatments. Factors such as weight gain, unhealthy lifestyle, damage to the skin or the development of a medical condition can also impact the results achieved. Maximum results are experienced 3 months after the last treatment.

WHAT WILL I LOOK LIKE?

Initially the skin will remain red for up to an hour after treatment and may be hot to the touch. While there is no downtime the skin can remain slightly red with minor swelling to the area 24-72 hours post treatment. Normal daily activities may be resumed immediately post treatment. Recommended aftercare advice will be given after each treatment to help to achieve the best results possible and to minimise complications.

PRE TREATMENT INFORMATION:

Please inform your practitioner of metal implants such as pins and plates and any medical devices such as pacemakers or diabetes monitors that you have. This includes dental implants and fillings.

The treatment cannot be carried out on area with hair so you may be asked to be clean shaven if you have a beard or other facial hair.

Good nutrition and hydration prior to this treatment is essential for this treatment to work as the device will not operate if the client is dehydrated. Please ensure you have eaten prior to treatment.

A pad is required to be placed on your upper back for this treatment. Please ensure you wear loose clothing to ensure the pad can be applied with ease. You may be asked to remove or loosen undergarments to allow for this.

HOW MUCH WILL IT COST?

As each patient and their concern is individual and unique pricing of each treatment can only be established after a consultation to assess the area, size and severity of the concern. Packages start from £2800 for a course of 4 treatments

NEED MORE INFORMATION?

Please call **0207 034 5999** or email **info@phiclinic.com** if you would like further details about your treatment, or to schedule for an appointment.

UPDATED: MARCH 2024

© PHI Clinic. All rights reserved. This document is the property of PHI Clinic and may not be copied, reproduced or distributed without prior written permission.

EMFACE AFTERCARE INFORMATION

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications:

- You can resume your daily activities as normal post treatment.
- It is important to understand that weight gain or loss due to unhealthy diet and lifestyle as well as damage to the skin such as sun exposure may impact results. Developing a medical complication or becoming less mobile may also have an effect on the results achieved.
- The area may be slightly red and warm with tenderness to touch for a couple of hours post treatment.
- We advise you book your course of treatment at 1 week intervals for best results.

COMMON SIDE-EFFECTS OF TREATMENT INCLUDE:

- Swelling and/ or redness for 2-3 days
- Mild tenderness
- Dental sensitivity (more common in people with pre-existing sensitive teeth)

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT

Routinely you will not have had medications administered to you pre or during this treatment.

Should you need any further advice, or would like to book in for your next session of treatment, please call **0207 034 5999**, alternatively, you can email us at **info@phiclinic.com**