

DERMALUX LED MD

PATIENT INFORMATION & AFTERCARE GUIDANCE

LAST UPDATED: JUNE 2023

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DERMALUX LED MD TREATMENT INFORMATION

WHAT IS A DERMALUX LED MD TREATMENT?

The DermaLux Tri-Wave MD is the gold standard in LED Photodynamic Therapy (PDT). LED Phototherapy is the application of specific therapeutic light wavelengths which energise our cells to accelerate natural regeneration and repair processes without discomfort or downtime. Proven results from aging and acne to psoriasis and pain relief it is an essential skin health treatment. Due to its large treatment application it can treat the face, head and body, custom energy delivery via joules or time and specific PDT mono and polychromatic wavelength protocols.

HOW OFTEN SHOULD I HAVE A DERMALUX TREATMENT?

DermaLux LED treatments are patient specific depending on the concern and the desired outcome. It is recommended that a treatment is done 1-2 times a week for specific concerns. Derma Lux LED can also be added onto other treatments that we offer at Phi Clinic such as the Silkpeel and PhiGlow.

WHAT RESULTS CAN I EXPECT?

After you undergo the treatment, you will find your face is a little pink and warm, 5-10 minutes following the treatment, your skin will look fresh and radiant. It is important to understand that results are not long lasting and repeat treatments are required to maintain this.

PRE-TREATMENT INFORMATION:

Please remove all make up including eye make-up prior to arriving at the clinic. Your skin will be a little pink following the treatment. Make-up is not advised for 24 hours following treatment.

WHAT WILL I LOOK LIKE?

There is no downtime with the DermaLux LED treatment, your skin will look a little pink and mild. We ask not to apply make up for the remainder of the day post treatment and wear SPF30+ when outdoors.

HOW MUCH WILL IT COST?

The DermaLux LED treatment is £100 alone for a 20 minute treatment. It can also be added onto other treatments. Please talk to your practitioner for more information.

NEED MORE INFORMATION OR GUIDANCE?

Please call **0207 034 5999** or email **info@phiclinic.com** if you would like further details about your treatment or to schedule for an appointment.

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DERMALUX LED AFTERCARE INFORMATION

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications:

- Please follow the correct homecare regime as suggested by your practitioner to ensure optimum results.
- Avoid prolonged exposure to heat such as hot baths, saunas, steam rooms and exercise for up to 24 hours.
- Avoid sun exposure where possible for up to two weeks. Ensure the application of a minimum SPF 30 to the area regardless of the weather.
- Avoid make up application for 24 hours.

MEDICATIONS YOU WILL HAVE BEEN GIVEN PRE OR DURING TREATMENT:

You will not have received any medications prior or during that treatment however you will have had active skincare ingredients used on your skin.

COMMON SIDE-EFFECTS OF TREATMENT INCLUDE:

- Mild warmth feeling
- Redness

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