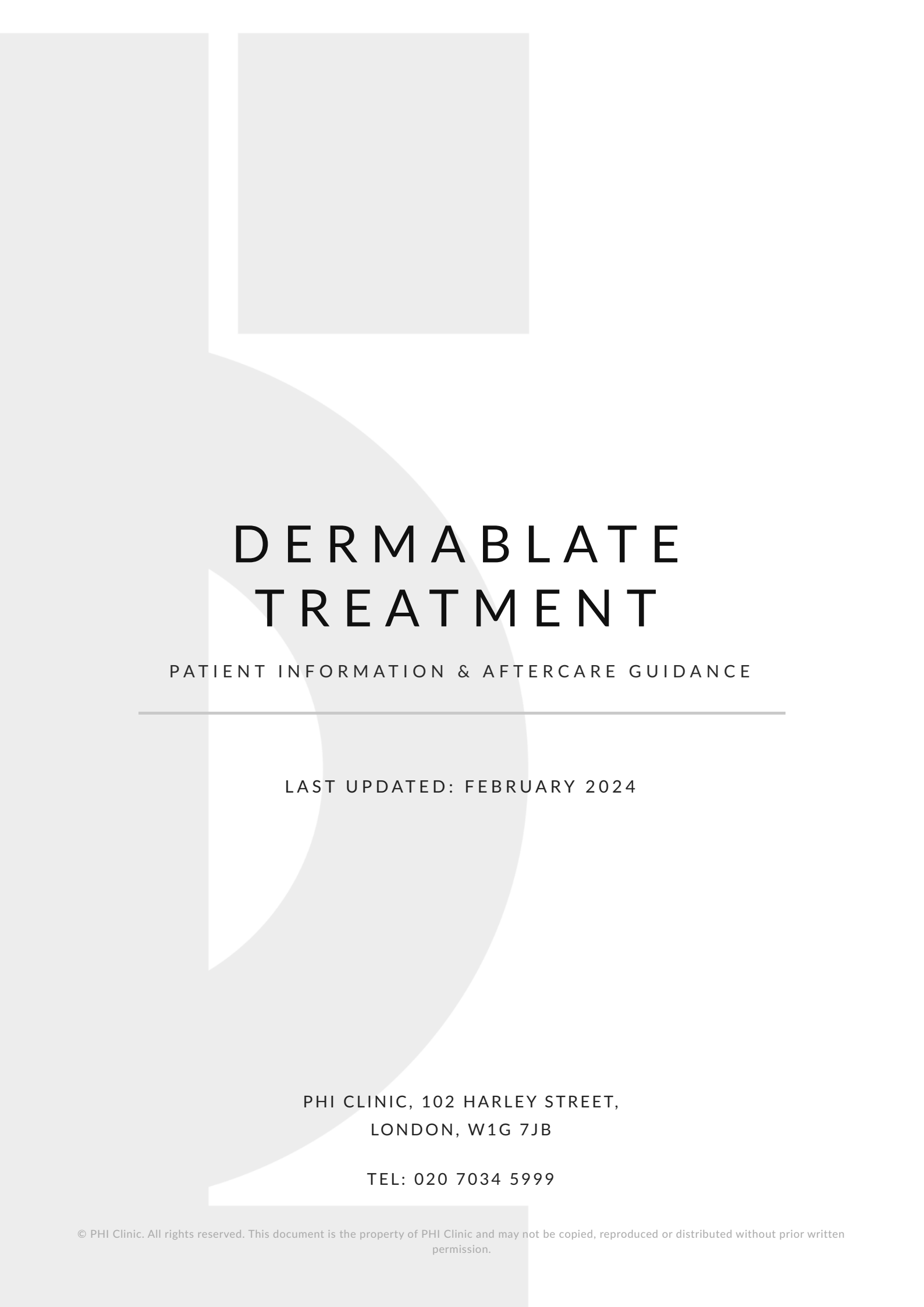




DERMABLATE TREATMENT

PATIENT INFORMATION & AFTERCARE GUIDANCE

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DERMABLATE TREATMENT INFORMATION

WHAT IS THE DERMABLATE TREATMENT AND HOW DOES IT WORK?

The Dermablade uses the Erbium-YAG laser which is fully ablative used for skin resurfacing, warts, scars and other skin anomalies. The laser works by removing a layer of skin to reveal fresh, new skin and is ideal for patients seeking a dramatic improvement in minimal sessions. This laser also helps to promote collagen production and to increase the firmness of the skin.

WHO IS SUITABLE FOR THE DERMABLATE TREATMENT?

Dermablade treatment is suitable for anyone looking to improve the overall health of the skin including texture and tone. It is suitable for all skin types and can be used for more advanced skin concerns – lines, wrinkles, sun damage and scarring. It can be tailored to an individual area of concern. For example, if the main concern was around the mouth, this area can be treated using Dermablade while the rest of the face may receive a lighter overall treatment using an alternative ablative skin resurfacing device e.g. Ultraclear 'Clariphi' or CO2 'Ultrapulse.'

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY SESSIONS WILL I NEED?

The amount of treatments will vary depending on each individual concern and the settings used. Some patients may need more than one session. The clinician treating you will tailor a treatment plan to suit the individual, and will advise how many treatments may be required.

WHAT RESULTS CAN I EXPECT?

Dermablade treatment aims to give the skin a more smooth, even and tighter appearance. It is important to understand that although results are more dramatic and long lasting with ablative lasers as opposed to non-ablative, we cannot guarantee that results are permanent. In many cases the clinician may suggest the **Dermablade** in combination with an alternative treatments to get a maximum result, depending on the presenting concern.

WHAT WILL I LOOK LIKE AFTER TREATMENT?

How your skin looks after treatment will depend on the settings chosen. Generally redness and swelling can persist for 3-4 days after treatment with the skin becoming dry and tight 2-3 days after treatment. A grid like pattern from the laser can persist for up to a week after treatment and pin point bleeding typically occurs for 1-2 days after treatment.

It is important to maintain the area as directed in your aftercare leaflet, to ensure the area heals properly. Downtime will depend on the settings used and your practitioner will tell you what to expect prior to treatment. For the advanced settings to the face the downtime can be approx. 7-10 days.

We advise not using public transport after a **Dermablade** treatment due to the ablative nature of the settings and so please arrange your travel prior to your appointment.

The clinician will also ask that you send daily photos for up to a week of the treated area to monitor your progress.

PRE- TREATMENT INFORMATION:

Depending on the settings chosen, a topical local anaesthetic cream may be applied for 45 minutes prior to treatment to help make the treatment more comfortable. You will be made aware of this if anaesthetic is required. In addition we may inject local anaesthetic. We ask that you arrive with a clean face and no make-up. Treatment will be carried out in a sterile environment, therefore all make up will need to be removed and then the skin will be sterilised.

Sun exposure to the area of treatment is a contraindication to laser and so should be avoided 4 weeks prior to treatment. Fake tan is also contraindicated and should not be applied to the intended treatment area for 2 weeks pre-treatment.

The use of retinol and other exfoliating products should be discontinued 3 days prior to treatment to avoid excessive irritation. Taking any anticoagulant medications can causing bruising to the treatment area which may delay the healing process. Please inform your clinician if you are taking any medications as some medication can make the skin more sensitive to light.

Cold sores are a contraindication to treatment due to the risk of spreading the virus, if you have a cold sore and are scheduled for treatment please contact the clinic to postpone your treatment.

Please avoid taking aspirin or ibuprofen (unless otherwise instructed by your GP) or excessive caffeine and alcohol on the days leading up to your treatment as this can increasing the risk of bruising and bleeding. Sun exposure is contraindicated 4 weeks pre and post treatment.

HOW MUCH WILL IT COST?

As each patient and their concern differs, your practitioner will advise pricing and this can only be established after a consultation to assess the area and severity of the concern.

Prices start from £3000 per session.

Often courses are recommended for the best outcome. Course prices will vary depending on the concern and courses are paid for upfront on the day of your first treatment.

NEED MORE INFORMATION OR GUIDANCE?

Please call 0207 034 5999 or email info@phiclinic.com if you would like further details about your treatment, or to schedule in your appointment.