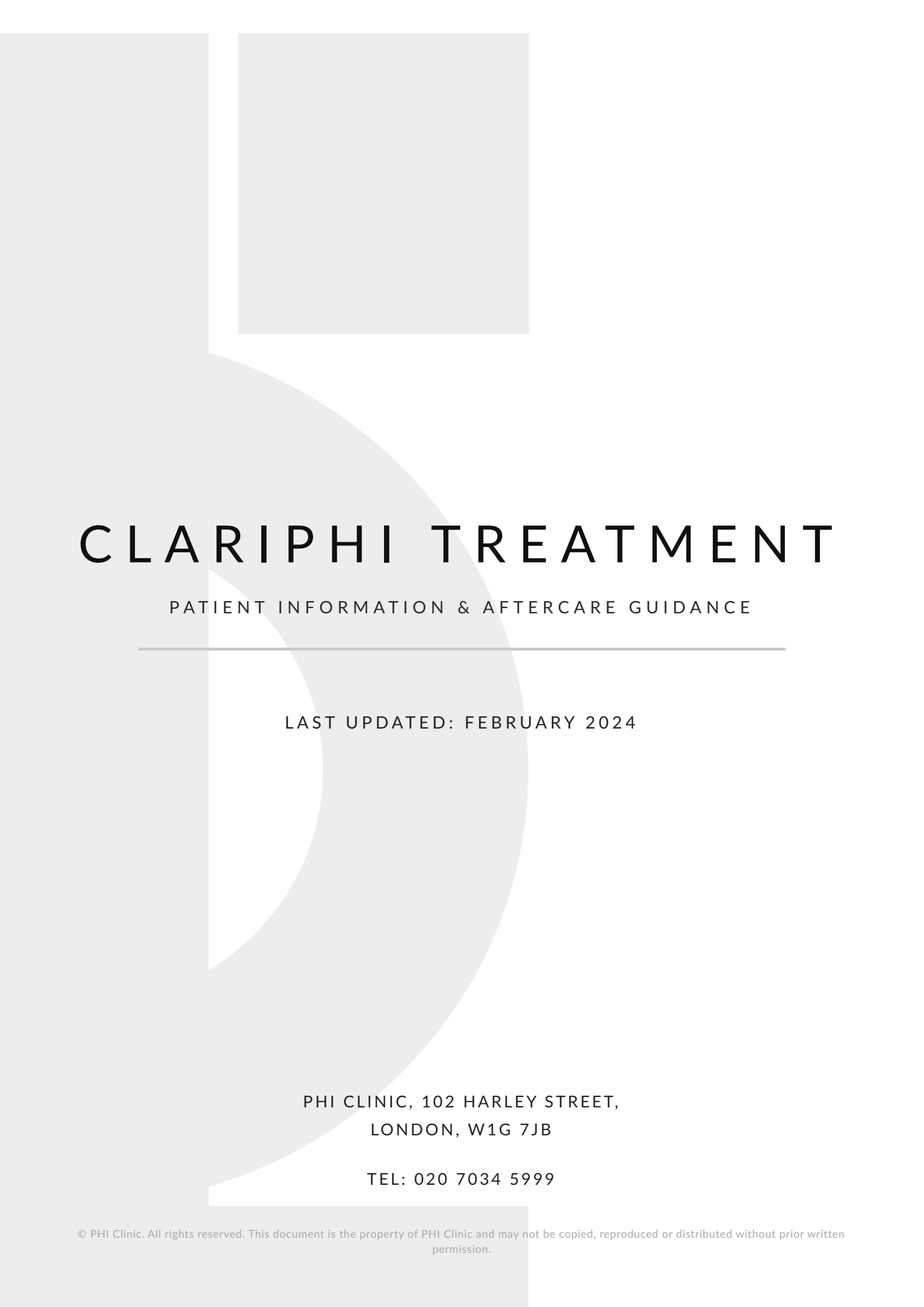




CLARIPHI TREATMENT

PATIENT INFORMATION & AFTERCARE GUIDANCE

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CLARIPHI TREATMENT INFORMATION

WHAT IS THE CLARIPHI TREATMENT AND HOW DOES IT WORK?

The **ClariPhi treatment** uses the Ultraclear laser which is an infrared cold ablative fiber laser used for skin resurfacing. Skin resurfacing treatments are used to reduce the signs of aging, treat moderate to severe scarring and improve skin texture, laxity and tone. The laser works by removing a layer of skin to reveal fresh, new skin and is ideal for patients seeking a dramatic improvement in minimal sessions. This laser also helps to promote collagen production and to increase the firmness of the skin.

WHO IS SUITABLE FOR THE CLARIPHI TREATMENT?

ClariPhi Treatment is suitable for anyone looking to improve the overall health of the skin including texture and tone. It is suitable for all skin types as settings can be adjusted depending on the concern being treated. This allows us to offer three different levels of treatment.

ClariPhi UltraLite is the ultimate minimal downtime treatment providing light exfoliation for skin that needs a refresh or a little exfoliation

ClariPhi Lite is a step up from this providing a more advanced level of resurfacing where there is some fine lines, wrinkles, enlarged pores and pigmentation

ClariPhi Bespoke is for more advanced skin concerns – lines, wrinkles, sun damage, acne scarring etc and so utilises the most advanced settings of the Ultraclear Laser and as the name suggests, it can be tailored to an individual area of concern. For example, if the main concern was around the mouth, this area can be treated using the more advanced settings while the rest of the face would receive a lighter overall treatment.

Unlike many other lasers, Ultraclear has less downtime compared to other traditional ablative lasers and is perfect for people who cannot afford extended downtime.

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY SESSIONS WILL I NEED?

The amount of treatments will vary depending on each individual concern and the severity of the settings used. Some patients may need more than one session. The clinician treating you will tailor a treatment plan to suit the individual, and will advise how many treatments may be required.

WHAT RESULTS CAN I EXPECT?

ClariPhi Treatment aims to give the skin a more smooth, even and tighter appearance. It is important to understand that although results are more dramatic and long lasting with ablative lasers as opposed to

non-ablative, we cannot guarantee that results are permanent. In many cases the clinician may suggest the **ClariPhi** as a course or in combination with alternative treatments to get a maximum result, depending on the presenting concern.

WHAT WILL I LOOK LIKE AFTER TREATMENT?

How your skin looks after treatment will depend on the settings chosen. Generally post treatment the skin will appear red like a sun burn with mild swelling immediately after treatment and a faint grid pattern on the surface. The UltraLite and Lite settings - the redness and swelling will slowly start to reduce over 1-2 days with a little dryness or sandpaper like sensation. The Bespoke treatments - redness and swelling can persist for 3-4 days after treatment with the skin becoming dry and tight 2-3 days after treatment. A grid like pattern from the laser can persist for up to a week after treatment with the higher settings and pin point bleeding typically occurs for 1-2 days after treatment with more advanced settings.

It is important to maintain the area as directed in your aftercare leaflet, to ensure the area heals properly. Downtime will depend on the settings used and your practitioner will tell you what to expect prior to treatment. For the bespoke settings to the face the downtime can be approx. 7-10 days.

We advise not using public transport after a **ClariPhi Bespoke** treatment due to the more ablative nature of the settings and so please arrange your travel prior to your appointment.

The clinician will also ask that you send daily photos for up to a week of the treated area to monitor your progress.

PRE- TREATMENT INFORMATION:

Depending on the settings chosen, a topical local anaesthetic cream may be applied for 45 minutes prior to treatment to help make the treatment more comfortable. You will be made aware of this if anaesthetic is required. In addition we may inject local anaesthetic. We ask that you arrive with a clean face and no make-up. Treatment will be carried out in a sterile environment, therefore all make up will need to be removed and then the skin will be sterilised.

Sun exposure to the area of treatment is a contraindication to laser and so should be avoided 4 weeks prior to treatment. Fake tan is also contraindicated and should not be applied to the intended treatment area for 2 weeks pre-treatment.

The use of retinol and other exfoliating products should be discontinued 3 days prior to treatment to avoid excessive irritation. Taking any anticoagulant medications can cause bruising to the treatment area which may delay the healing process. Please inform your clinician if you are taking any medications as some medication can make the skin more sensitive to light.

Cold sores are a contraindication to treatment due to the risk of spreading the virus, if you have a cold sore and are scheduled for treatment please contact the clinic to postpone your treatment.

Please avoid taking aspirin or ibuprofen (unless otherwise instructed by your GP) or excessive caffeine and alcohol on the days leading up to your treatment as this can increase the risk of bruising and bleeding. Sun exposure is contraindicated 4 weeks pre and post treatment.

HOW MUCH WILL IT COST?

As each patient and their concern differs, your practitioner will advise which level of the ClariPhi is best suited for you and pricing of each treatment can only be established after a consultation to assess the area and severity of the concern.

Prices start from:

ClariPhi UltraLite - £450 per session

ClariPhi Lite - £700 per session

ClariPhi Bespoke - £1500 per session

Often courses are recommended for the best outcome. Course prices will vary depending on the concern and courses are paid for upfront on the day of your first treatment.

NEED MORE INFORMATION OR GUIDANCE?

Please call 0207 034 5999 or email info@phiclinic.com if you would like further details about your treatment, or to schedule in your appointment.