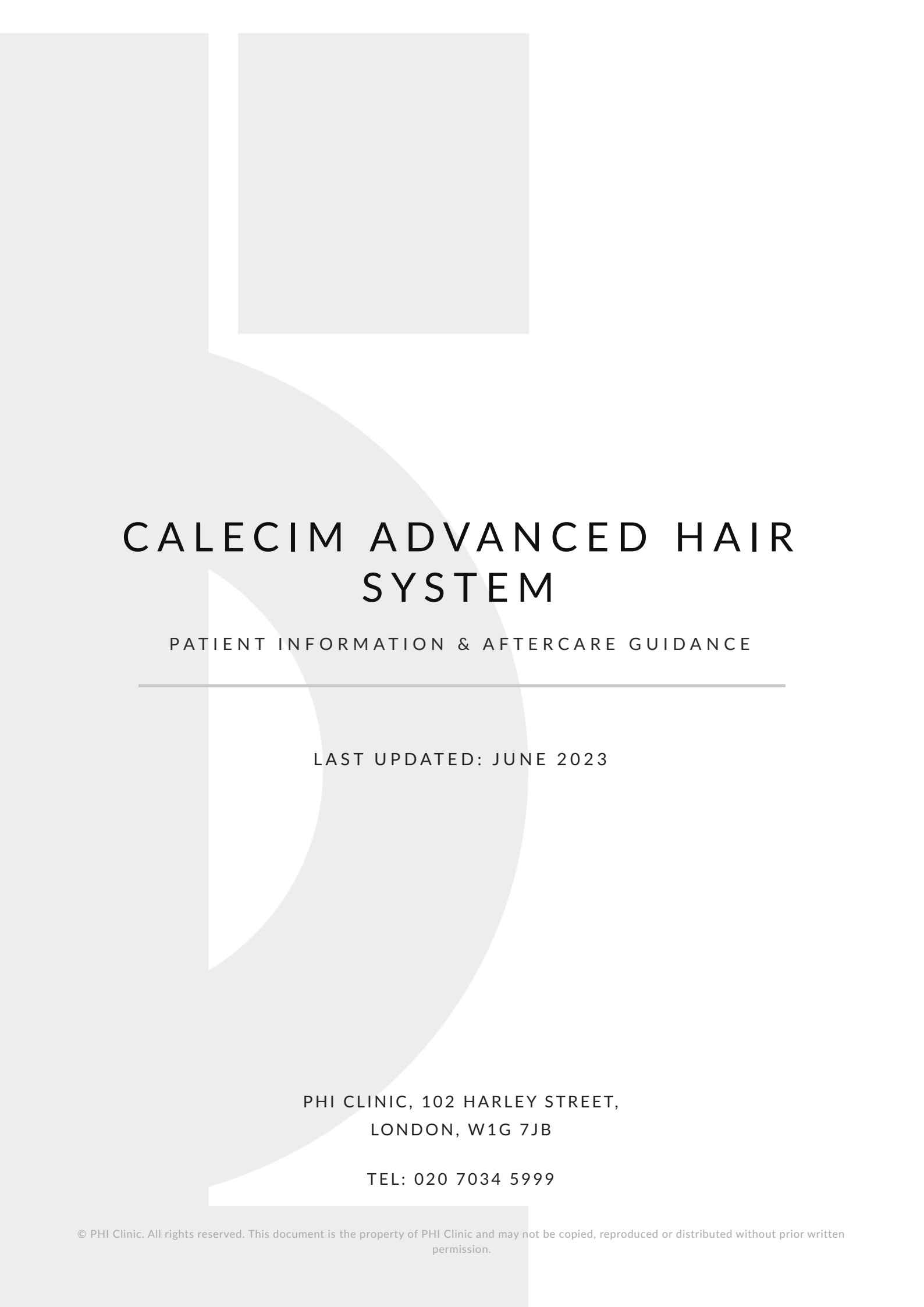




CALECIM ADVANCED HAIR SYSTEM

PATIENT INFORMATION & AFTERCARE GUIDANCE

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CALECIM ADVANCED HAIR SYSTEM INFORMATION

WHAT IS CALECIM ADVANCED HAIR SYSTEM AND WHAT IS IT USED FOR?

CALECIM Advanced Hair System is a combination therapy treatment to address hair loss and poor hair quality. It is a treatment combining microneedling (using our Skinpen device) and CALECIM'S natural innovative serum to stimulate hair growth. CALECIM serum is a stem cell-derived growth factor product that helps to re-invigorate dormant and sluggish hair follicles, restoring healthy hair cycle and accelerating follicle cell production. CALECIM serum also helps to reduce inflammation and hormonal cues that may impact hair growth as well as restoring the scalp to a healthy condition.

FACTORS THAT CAN INFLUENCE HAIR LOSS INCLUDE:

- Genetics
- Hormonal changes (pregnancy, menopause, andropause)
- Stress
- Illness (especially post Covid)
- Auto-immune disease
- Certain medications
- Malnutrition
- Environmental factors – e.g. oxidative stress, sun exposure
- Aging

CALECIM ADVANCED HAIR SYSTEM CAN HELP TO:

- Prevent hair loss whilst aiding the growth of healthy hair
- Reduce inflammation
- Increase dermal papilla proliferation
- Rejuvenate damaged hair follicles
- Improve hair quality and texture
- Restore healthy hair growth cycles
- Increase circulation and nutrition to the scalp and hair follicles

HOW OFTEN SHOULD I HAVE THE TREATMENT AND HOW MANY WILL I NEED?

The CALECIM Advanced Hair System requires 6 sessions, 7-10 days apart. It is advised for best results to have medical microneedling using our SkinPen device with all 6 sessions. However, if it is not possible to return to clinic this regularly for treatment then we advise your first and sixth treatment be performed in clinic using the SkinPen device, with 4 weekly at home treatments in between. The at home treatments will be administered by the patient using a Derma stamp device that is provided.

MAINTENANCE PROGRAMME:

Your maintenance programme will depend on the severity of your concern and your desired outcome. To maintain the results, it is advised to continue the Advanced Hair System with one at home treatment every 4-6 weeks using a Derma stamp. Alternatively, you can come into clinic every 2-3 months for treatment with a microneedling device (Skinpen).

IS THERE ANY DOWN TIME?

Initially post treatment the scalp may appear red and feel tender. This is normal and the desired end point of the treatment. The redness can remain for a period of 24-48 hours.

PRE-TREATMENT INFORMATION:

Please ensure your hair is clean as it cannot be washed for 48 hours post treatment. If you have had your hair coloured, please wait 48 hours before commencing treatment.

HOW TO USE AT HOME:

- Open the serum ampoule following the direction on the metal ring.
- Sterilize the derma stamp with the wipes included in the system.
- Separate the hair in the areas experiencing hair loss.
- Stamp back and forth along the length of the partings. Repeat this multiple times along the area.
- Apply a few drops of the Advanced Hair System throughout the derma stamped areas and gently massage the product in.
- Do not wash the hair for 48 hours.

CALECIM ADVANCED HAIR SYSTEM PATIENT AFTERCARE

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications:

FIRST 48 HOURS POST TREATMENT:

- Massage into the scalp for 5-10 minutes the remaining 1ml CALECIM Advanced Hair System onto the affected area on dry hair/scalp either the same evening if treatment was performed earlier in the day or the following morning if treatment was performed that afternoon.
- Avoid washing the hair after application of CALECIM Advanced Hair System for 48hrs.
- Avoid heat (hair dryers or straighteners) for 48hrs post treatment.
- Avoid direct sunlight on the scalp for 48hrs.
- Avoid going to the gym or sweating excessively for 48hrs.
- Avoid using stimulating hair products for 3 days post treatment, advised to use sulphate-free shampoo and conditioner for the duration of treatment.

Need more information?

Please call **0207 034 5999** or email **info@phiclinic.com** if you would like further details about your treatment, or to schedule for an appointment.