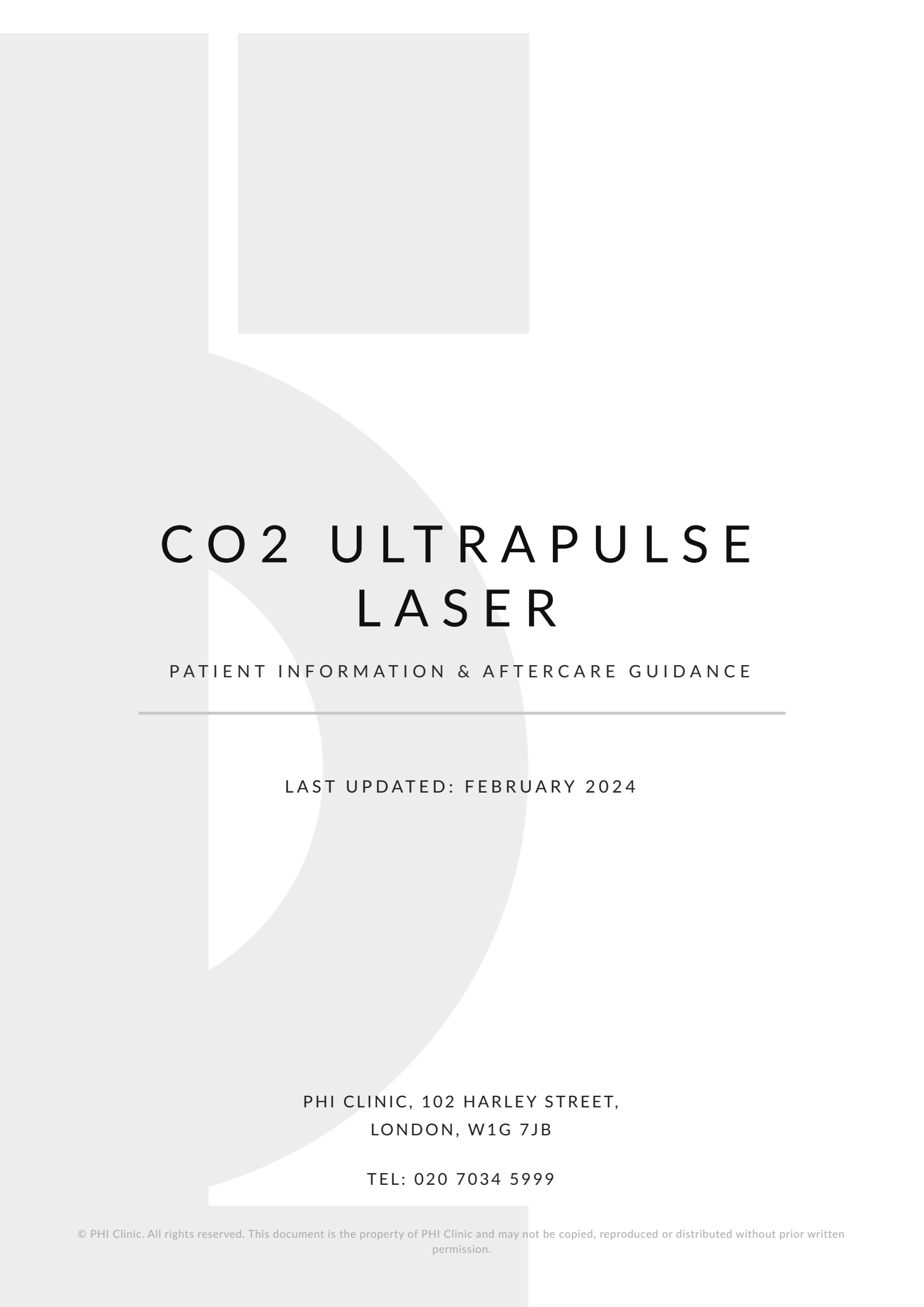




CO2 ULTRAPULSE LASER

PATIENT INFORMATION & AFTERCARE GUIDANCE

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CO2 ULTRAPULSE LASER INFORMATION

WHAT IS CO2 LASER AND HOW DOES IT WORK?

The CO2 'Ultrapulse' laser is a fractional and fully ablative laser used for skin resurfacing. Skin resurfacing treatments are used to reduce the signs of aging, treat moderate to severe scarring and improve skin texture, laxity and tone. They are also used for scar reduction as well as for treatment of a variety of other cosmetic concerns. The laser works by removing a layer of skin to reveal fresh, new skin and is ideal for patients seeking a dramatic improvement in a single session. This laser also helps to promote collagen production and to increase the firmness of the skin.

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY SESSIONS WILL I NEED?

The amount of treatments will vary depending on each individual concern and the severity of the settings used. Some patients may need more than one session. The clinician treating you will tailor a treatment plan to suit the individual, and will advise how many treatments may be required.

WHAT RESULTS CAN I EXPECT?

It is important to understand that although results are more dramatic and long lasting with ablative lasers as opposed to non-ablative, we cannot guarantee that results are permanent. In many cases the clinician may suggest the CO2 laser as a course or in combination with an alternative treatments to get a maximum result, depending on the presented concern.

WHAT WILL I LOOK LIKE AFTER TREATMENT?

How your skin looks after treatment will depend on the settings used. Generally redness and swelling can persist for 3-4 days after treatment with the skin becoming dry and tight 2-3 days after treatment. A grid like pattern from the laser can persist for up to a week after treatment and pin point bleeding typically occurs for 1-2 days after treatment.

It is important to maintain the area as directed in your aftercare leaflet, to ensure the area heals properly. Downtime will depend on the settings used and your practitioner will tell you what to expect prior to treatment. For the advanced settings to the face the downtime can be approx. 7-14 days.

We advise not using public transport after a **CO2 laser** treatment due to the ablative nature of the settings and so please arrange your travel prior to your appointment.

The clinician will also ask that you send daily photos for up to a week of the treated area to monitor your progress.

PRE- TREATMENT INFORMATION:

A topical local anaesthetic cream is applied 1 hour prior to treatment to help make the treatment more comfortable. In addition we may inject local anaesthetic. We ask that you arrive with a clean face and no make-up. Treatment will be carried out in a sterile environment therefore all make up will need to be removed and the skin will then be sterilised. Please avoid taking aspirin or ibuprofen (unless otherwise instructed by your GP) or excessive caffeine and alcohol on the days leading up to your treatment as this can increase the risk of bruising and bleeding. Sun exposure to the area of treatment is a contraindication to laser and so should be avoided 4 weeks prior to treatment. Fake tan is also contraindicated and should not be applied to the intended treatment area for 2 weeks pre-treatment.

HOW MUCH WILL IT COST?

As each patient and their concern differs, your practitioner will advise pricing and this can only be established after a consultation to assess the area and severity of the concern.

Prices start from £3000 per session.

Often courses are recommended for the best outcome. Course prices will vary depending on the concern and courses are paid for upfront on the day of your first treatment.

NEED MORE INFORMATION OR GUIDANCE?

Please call 0207 034 5999 or email info@phiclinic.com if you would like further details about your treatment, or to schedule in your appointment.