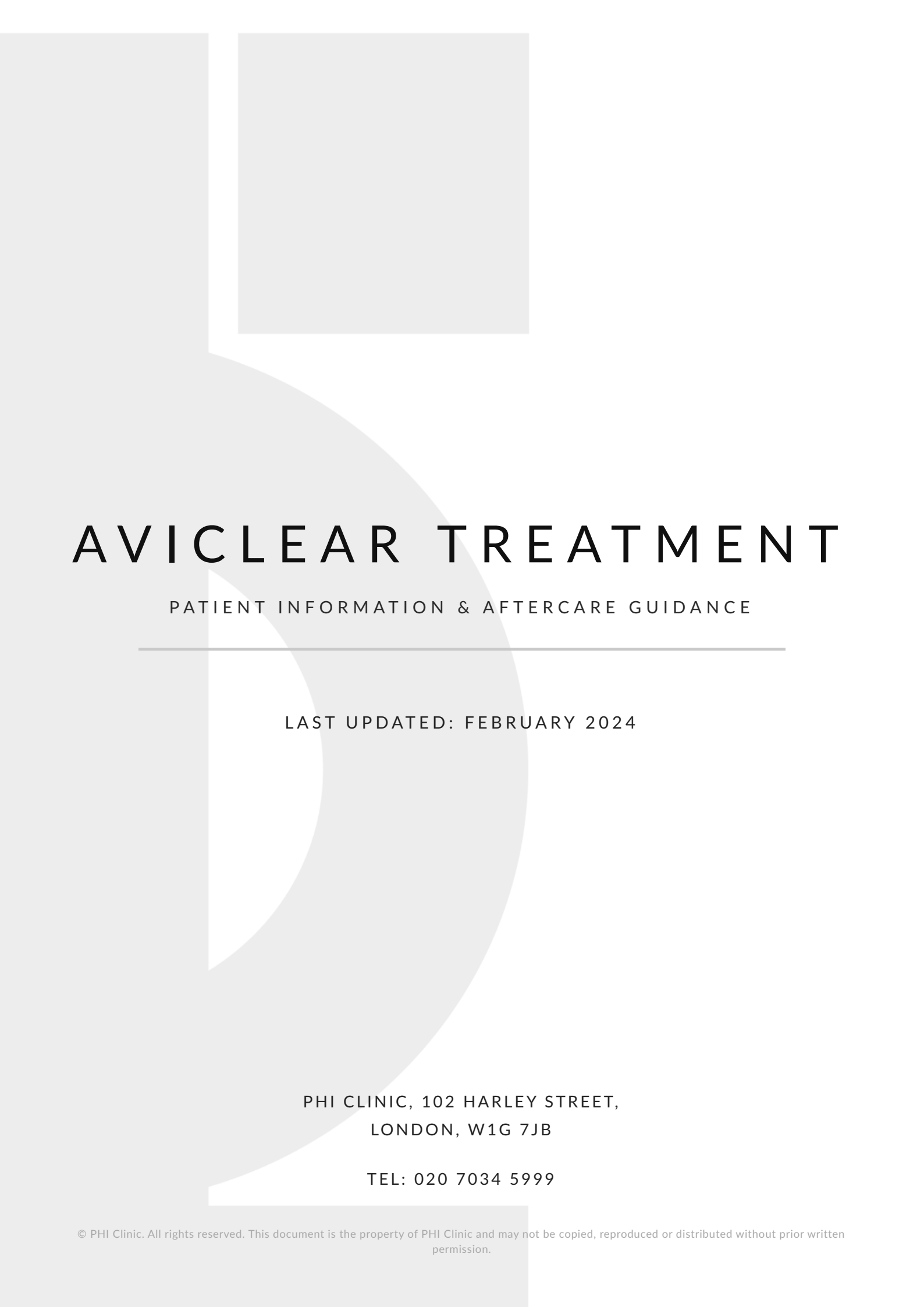




AVICLEAR TREATMENT

PATIENT INFORMATION & AFTERCARE GUIDANCE

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AVICLEAR TREATMENT INFORMATION

WHAT IS THE AVICLEAR TREATMENT AND WHAT IS IT USED FOR?

The AviClear treatment is a ground breaking new device to treat active acne. The first treatment of its kind, it uses laser energy to target mild, moderate and severe acne, reducing breakouts by up to 87% at 3 months, 90% at 6 months and 93% at 12 months. With no medications and minimal side effects this is the first FDA approved treatment for acne that is not a drug. This AviClear treatment works by targeting the sebaceous glands that are over producing sebum leading to acne, resulting in treating active acne and preventing future acne.

AM I SUITABLE FOR AVICLEAR TREATMENT?

AviClear treatment is suitable for anyone suffering with recurrent acne breakouts to the face, jawline, neck, chest and back. It is suitable for all stages of acne; mild, moderate and severe as well as all skin types. Treatment is suitable for teenagers and adults.

HOW OFTEN SHOULD I HAVE TREATMENT, AND HOW MANY WILL I NEED?

The AviClear treatment protocol is a course of 3 treatments to get the maximum and longest lasting results. Treatments are recommended at 3-6 week intervals. Depending on the specific concern, the number of sessions may be increased depending on the desired result.

WHAT IS THE AVICLEAR TREATMENT LIKE?

AviClear treatment is designed with comfort in mind using a skin cooling technology. While the laser energy is delivered to the sebaceous gland, your skin is cooled simultaneously for treatment comfort and safety. Patients compare the laser sensation to a “rubber band snap” or “electrical” sensation which quickly resolves after each pulse is delivered. The treatment requires a significant amount of pressure to be applied to the face during treatment which can feel uncomfortable in certain areas.

WHAT RESULTS CAN I EXPECT?

Results can start after the first treatment but can take up to 12 months after the third treatment for full effects. It is important to understand that while results are long-lasting, it cannot be guaranteed that results are permanent. Current clinical data show results maintaining for up to 3 years following the final treatment.

Clinical trials showed up to 87% reduction in active acne at 3 months, 90% at 6 months and 93% at 12 months after 3 treatments, however temporary increased breakouts known as ‘purging’ can occur

between treatments. While 93% of patients may have a reduction in active acne at 12 months, this does mean a small percentage (7%) may not see this improvement.

Factors such as ageing, hormonal changes, development of a medical condition or lifestyle changes may impact the results achieved. We recommend maintaining results with a standardised skincare routine.

WHAT WILL I LOOK LIKE?

Initially the skin will remain red and warm to touch for a couple of hours after treatment. While there is no severe downtime the skin can remain slightly red with some areas of minor swelling with dryness for 24-72 hours post treatment. Recommended aftercare advice will be given after each treatment to help to achieve the best results possible and to minimise complications.

PRE TREATMENT INFORMATION:

Sun exposure is a contraindication to laser and so should be avoided 4 weeks prior to treatment. The use of fake tan is also contraindicated. Please do not apply fake tan to the treatment area for 2 weeks pre-treatment.

The use of retinol and other exfoliating products should be discontinued the day prior to treatment to avoid excessive irritation. Please inform your clinician if you are taking any medications as some medication can make the skin more sensitive to light.

Cold sores are a contraindication to treatment due to the risk of spreading the virus, if you have a cold sore and are scheduled for treatment please contact the clinic to postpone your treatment.

Please ensure you have eaten and are well hydrated prior to the treatment.

Anaesthetic cream cannot be applied pre-treatment however if you wish you can take oral (tablet) pain relief of your choice such as paracetamol or ibuprofen 30 minutes prior to arriving for your appointment.

Depending on each individual you may be asked to have the area clean shaven prior to treatment. We ask that you remove all make up before or on arriving to the clinic as this must be removed before treatment can be carried out.

UNDER AGE PATIENTS:

This treatment is offered to children 16 years old and above, however, please note that all patients under the age of 18 will be required to present for a consultation and their first treatment with a parent or guardian.

HOW MUCH WILL IT COST?

The AviClear treatment is a course of 3 treatments. An individual session cannot be purchased. Courses start from £3850 for 1 area.

We offer 0% finance if you wish to pay in instalments.

Package prices are the only option with this treatment. Package price must be paid on the day of the first treatment and the amount per session will be deducted after each treatment. Should you choose not to proceed with the course, the money can be used towards other treatments in the clinic however it cannot be refunded.

NEED MORE INFORMATION?

Please call 0207 034 5999 or email info@phiclinic.com if you would like further details about your treatment, or to schedule an appointment.

AVICLEAR TREATMENT AFTERCARE

Please follow the below recommended aftercare advice to achieve maximum results and to avoid complications.

Following treatment you will experience the following side effects for 24-72 hours when they will slowly start to reduce over the next 7 days:

- Skin will remain red or pink
- Swelling to the treated area
- Tenderness or discomfort
- Heat or a sunburn like sensation
- A tightness or dry sensation for 24-48 hours

MEDICATIONS ADMINISTERED PRE OR DURING TREATMENT:

Routinely you will not have had medications administered to you in the clinic pre or during this treatment.

IMMEDIATELY POST TREATMENT:

On the day of treatment your practitioner will apply cold wet gauze, followed by a healing cream and SPF30+ if treatment takes place in daylight hours.

AFTERCARE INFORMATION:

SKINCARE:

- Gently cleanse the skin that evening and apply a moisturising cream or ointment to encourage the healing process and reduce the itchy/dry sensation
- Apply moisturiser as much as you desire for the next 24-72 hours. A product such as IsClinical Sheald Recovery Balm is advised
- If you should go out in the sun, a minimum of SPF30 is recommended and should be applied regularly to the treatment area
- Avoid the use of perfumed or active skincare and products such as retinol, glycolic acid etc in the treated area for one week post treatment

AVOID:

- Avoid excessively touching the treated area until fully healed

- If the skin feels hot, cool packs can be applied but please ensure they are not directly from the freezer as this can damage the skin – wrap in a clean towel and then apply to the skin
- Avoid strenuous activity, saunas or steam rooms for 48 hours minimum as this will further increase redness and swelling to the skin.
- Avoid exposure to the sun during the course of your laser treatment for the following reasons: Laser exposure increases photosensitivity. Tanned skin can increase the chance of burning during treatment
- Avoid waxing or depilatories for 2 weeks after treatment

COMFORT MEASURES:

- Painkillers such as paracetamol can be taken if you wish to reduce any tenderness
- Cooling packs can be applied in the first 24 hours after treatment to reduce heat sensation

MAKE UP:

- You can apply make up from the following day, mineral makeup is recommended although it is advised to leave the treated area free from make up for 24 hours post treatment.
- Please ensure make up brushes are clean to avoid contaminating the skin with bacteria

ADVERSE REACTIONS:

- In the unlikely event that your redness or swelling is increasing or you develop an area of broken skin as a result of treatment, contact the clinic to let your practitioner know.
- Apply a healing product such as Sheald from Isclinical or aloe vera liberally to the area will aid healing of any areas of broken skin. Apply 3 times daily and avoid exposure to the sun.

Should you need any further advice, or would like to book in for your next session of treatment, please call 0207 034 5999, alternatively, you can email us at info@phiclinic.com